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(54) **FALL RESTRAINT SYSTEM**

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See application file for complete search history.

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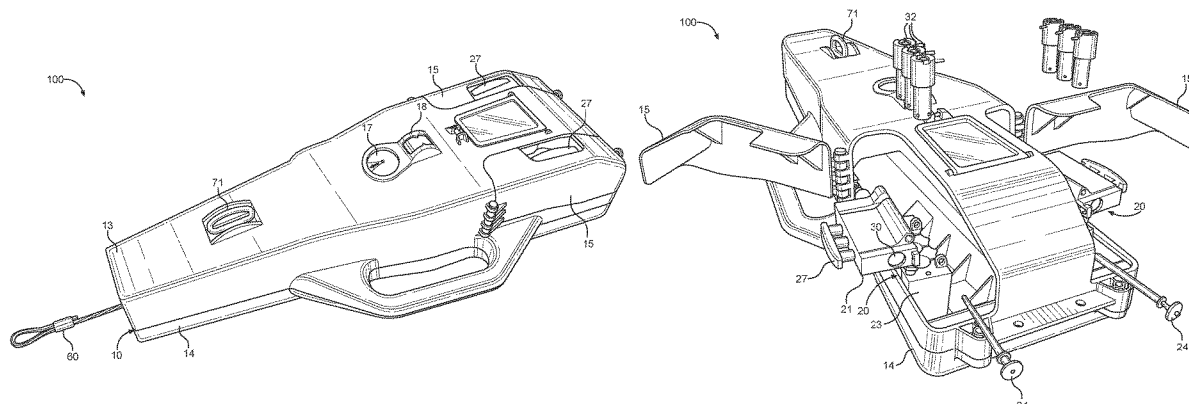
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(57) **ABSTRACT**

The present system for fall restraint includes a mounting frame connected to a trigger mechanism and firing blocks, with a trigger cable extending through apertures in the mounting frame and trigger mechanism. Sudden movement by a user, such as a fall, actuates the trigger mechanism to trigger the firing blocks. The firing blocks are loaded with anchors and firing cartridges. Triggering the firing blocks causes the cartridges to fire, propelling the anchors into an anchoring surface, such as a roof. Because the user is connected to the trigger cable, once the anchors deploy the user is anchored to the roof and their fall arrested.

**20 Claims, 7 Drawing Sheets**



**Related U.S. Application Data**

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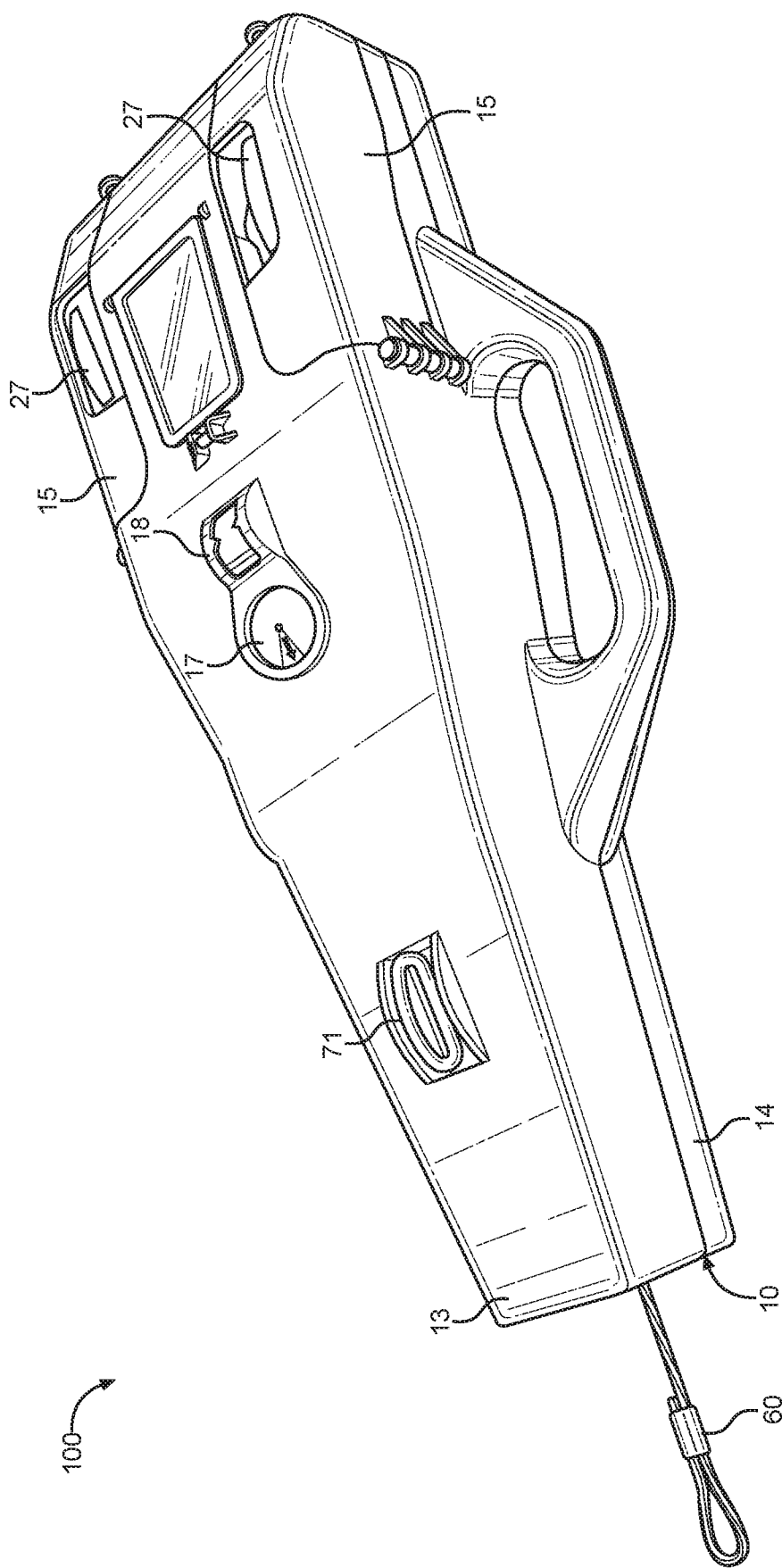


FIG. 1A

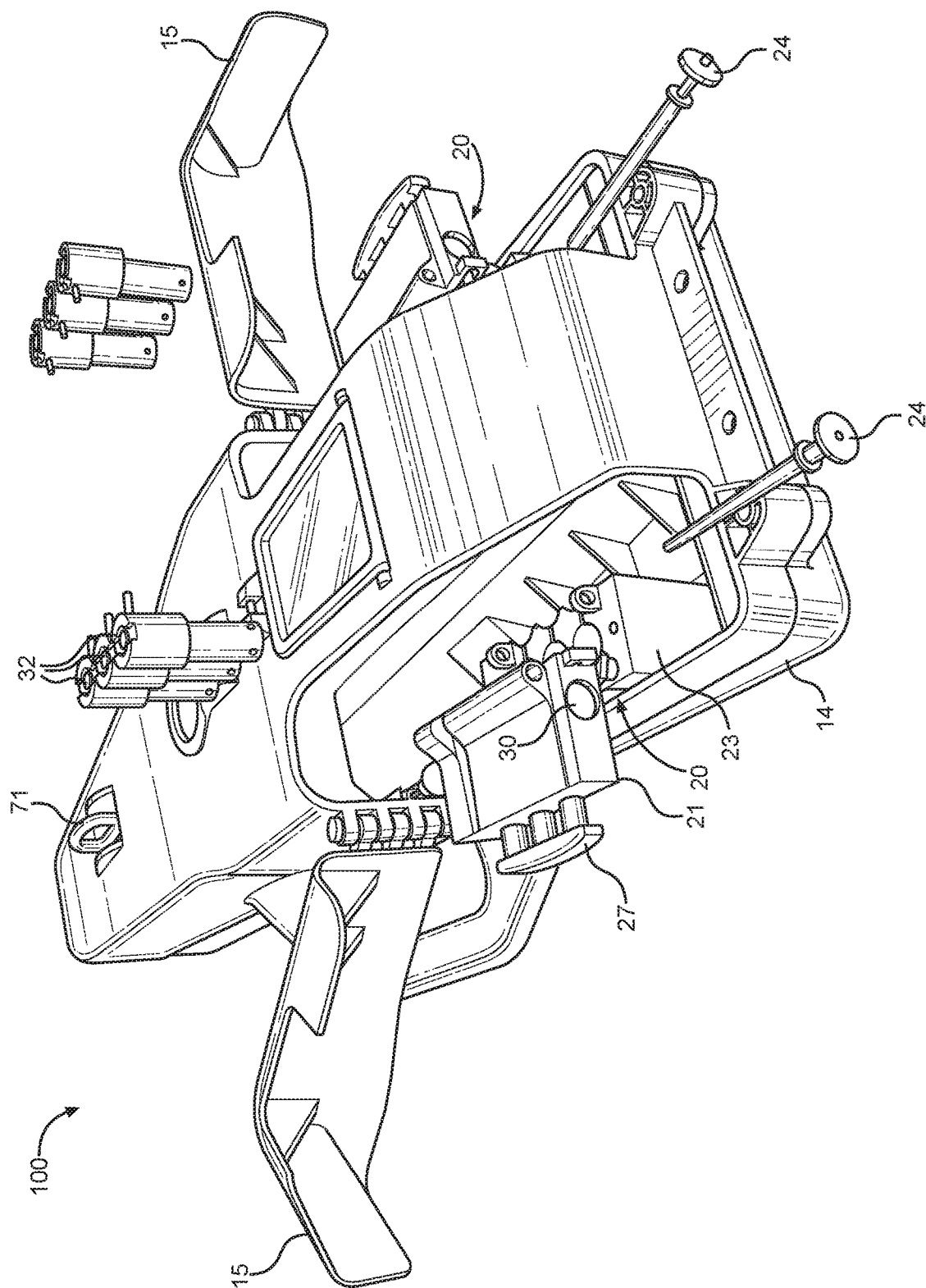


FIG. 1B

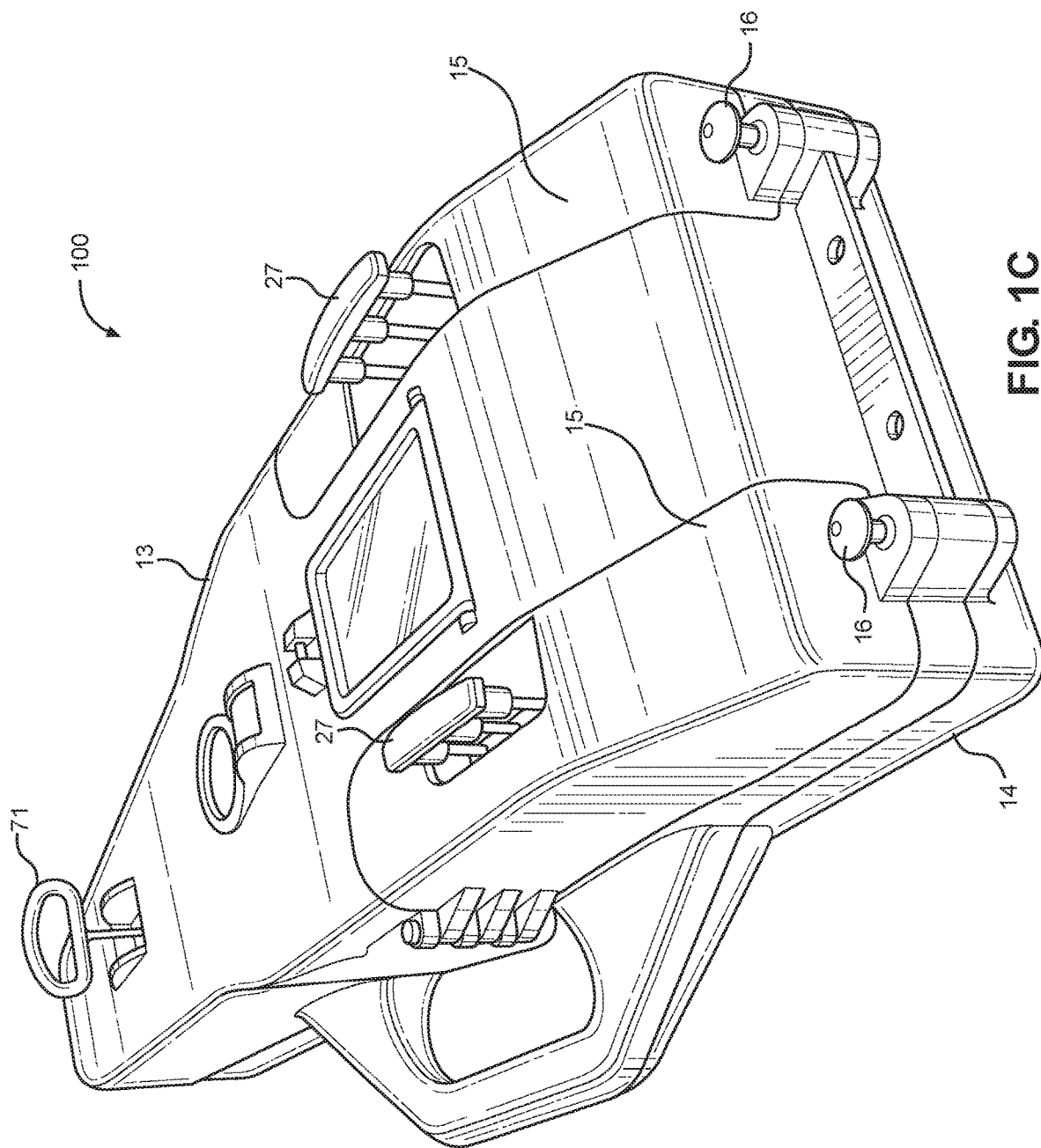
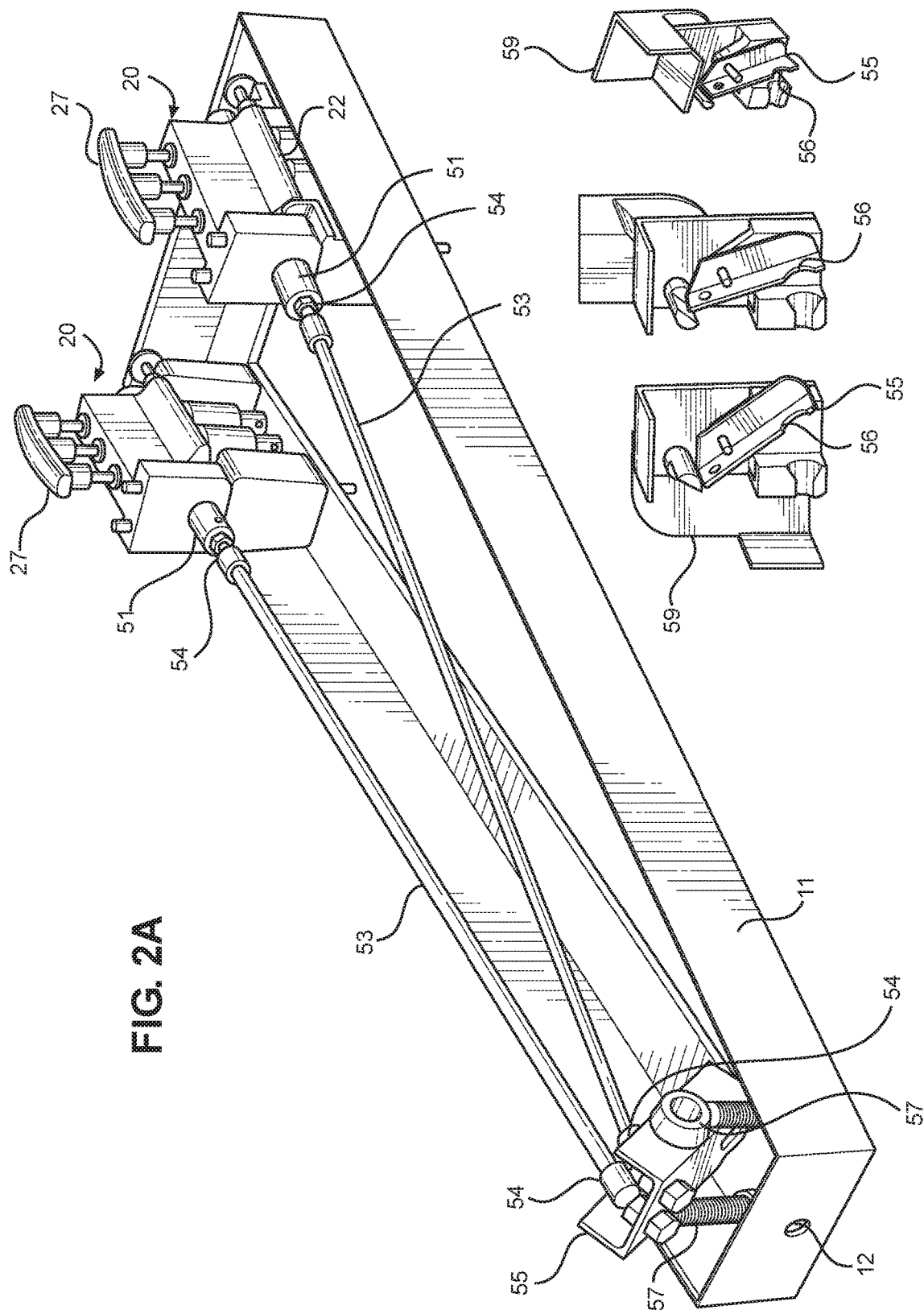
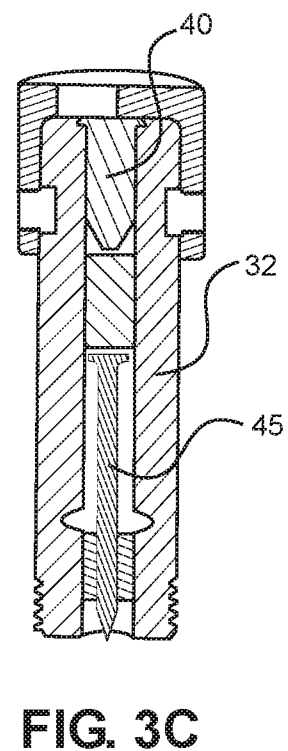
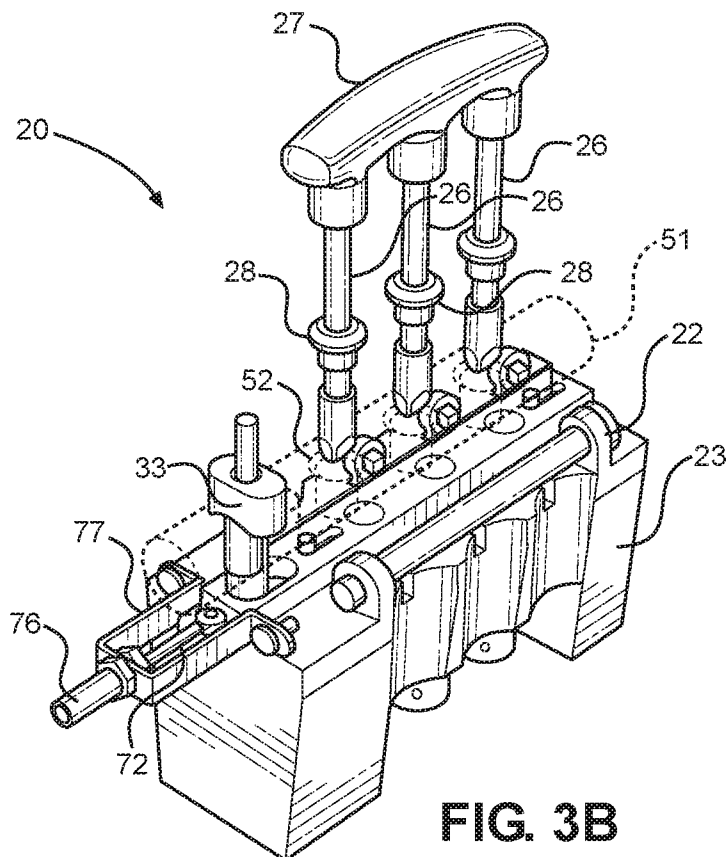
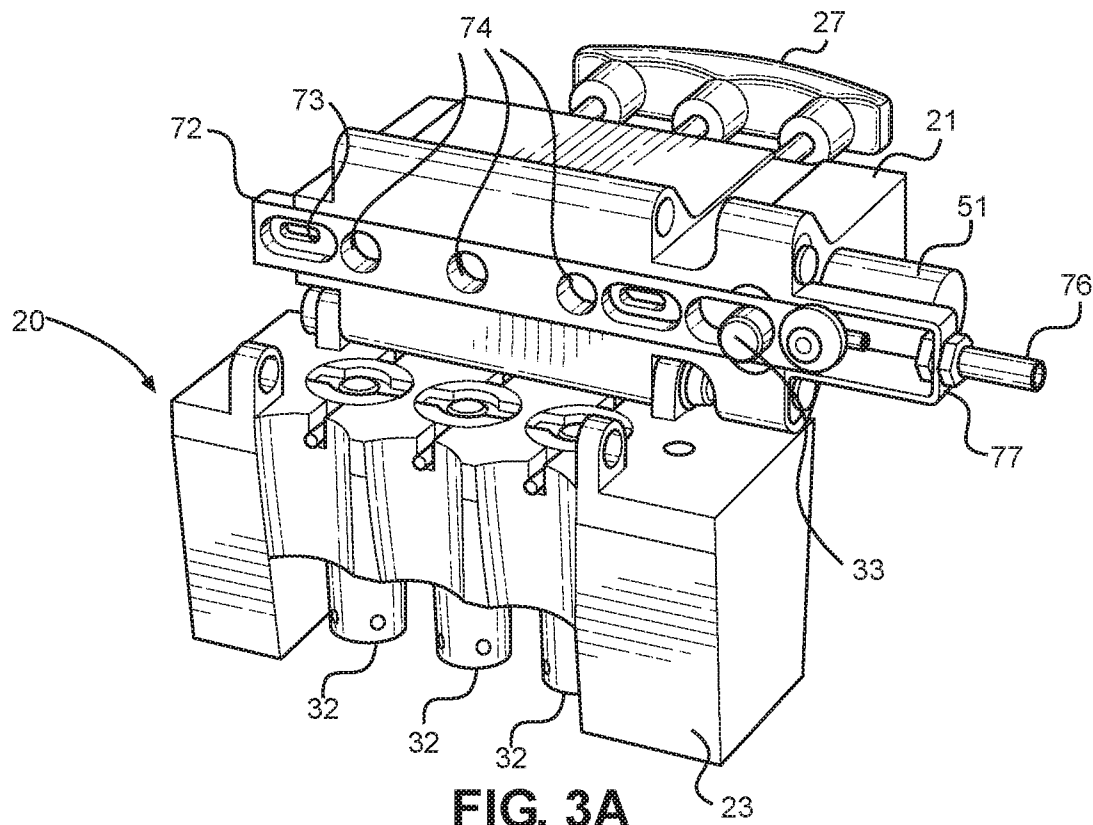


FIG. 1C





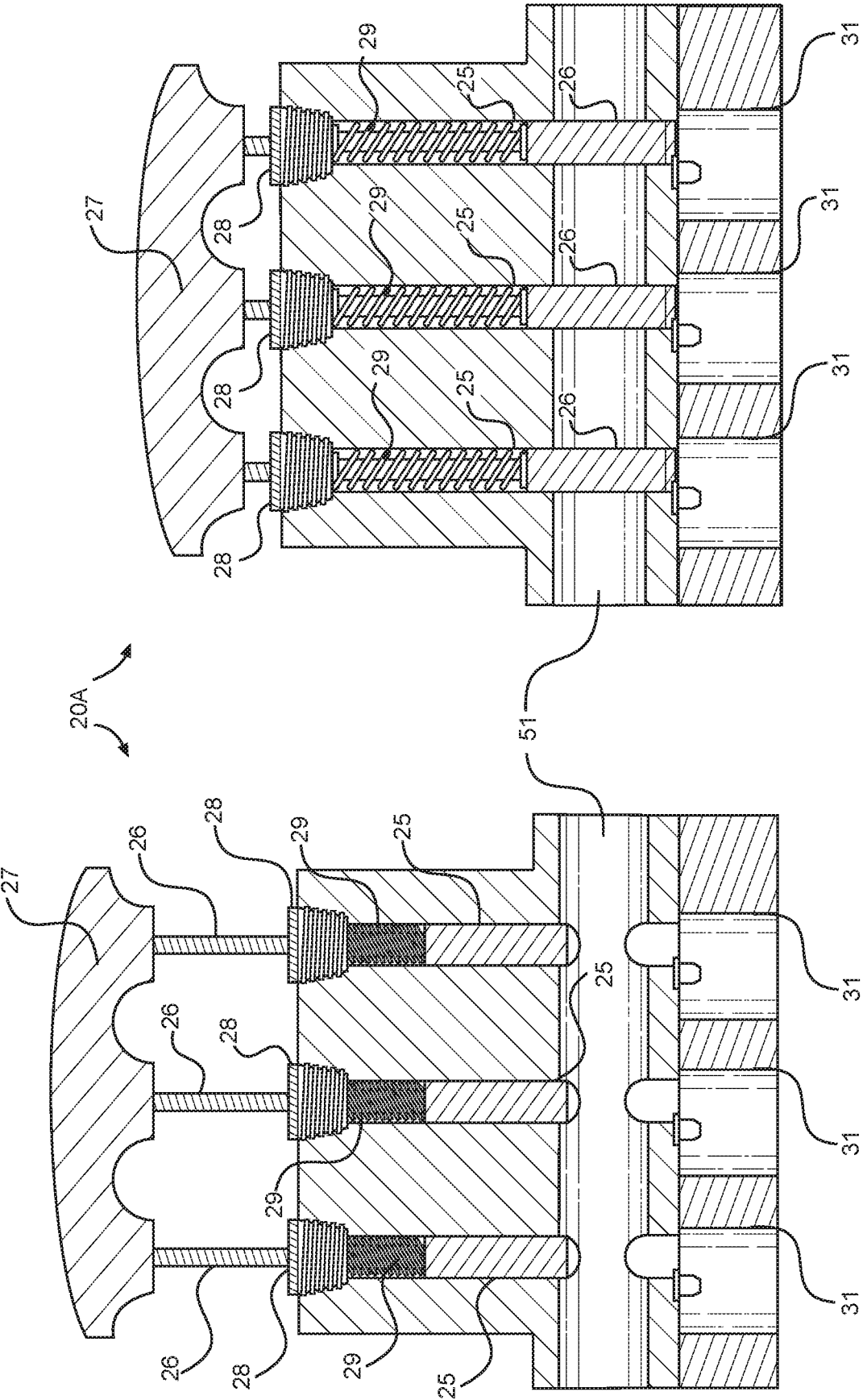


FIG. 3E

FIG. 3D



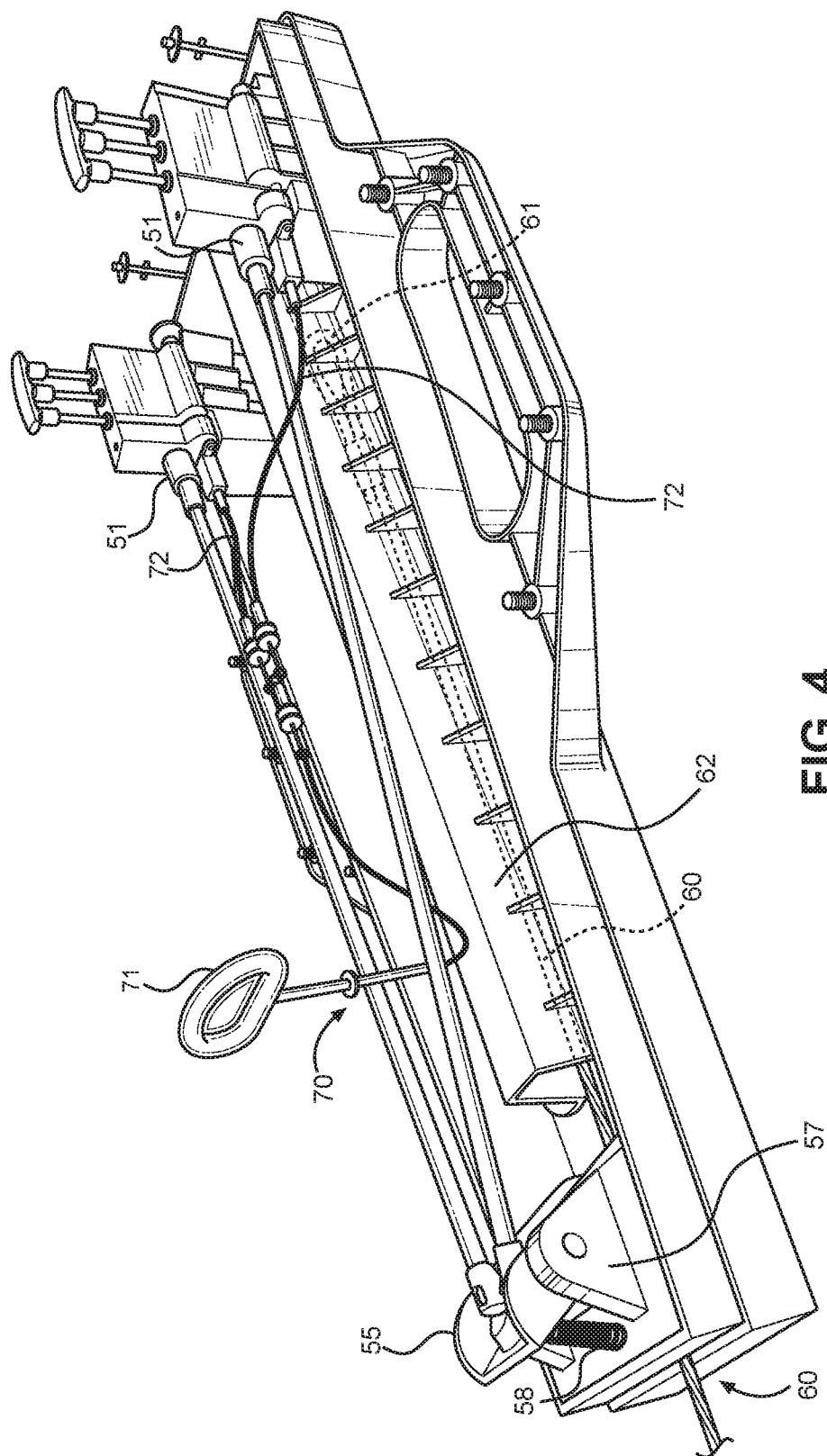


FIG. 4

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**FALL RESTRAINT SYSTEM****CROSS-REFERENCE TO RELATED APPLICATIONS**

The present application is a continuation of U.S. patent application Ser. No. 15/583,549, filed on May 1, 2017, which application claims priority of U.S. Provisional Patent Application No. 62/329,536, filed on Apr. 29, 2016, the contents of which are incorporated herein by reference in their entirety. The present application claims priority of U.S. Provisional Patent Application No. 62/355,616, filed on Jun. 28, 2016, the contents of which are incorporated herein by reference in their entirety. The present application claims priority of U.S. Provisional Patent Application No. 62/370,143, filed on Aug. 2, 2016, the contents of which are incorporated herein by reference in their entirety.

**FIELD**

The present disclosure is directed to a device for life-saving, more specifically to a fall-arresting device with automatically deployed anchors.

**BACKGROUND**

Fall protection systems are compulsory for construction workers on projects requiring them to work more than 6 feet off the ground. Employers who fail to provide such systems may be fined by regulatory agencies such as the U.S. Occupational Safety and Health Administration (OSHA). While numerous fall protection systems exist, they can be complicated, expensive, difficult to install, confusing to use, difficult to remove at the end of a job, damaging to the work surface, or unduly limiting to worker movement.

As a result, workers may fail to properly use their fall protection system, if such a system is even provided. This habit is particularly dangerous in the roofing industry. According to the U.S. Bureau of Labor Statistics, falls from roofing projects cause over ten percent of all construction labor fatalities. Workers for small establishments, which are less likely to be able to provide comprehensive fall protection systems, experience a disproportionately high number of fatal falls. Even looking at the industry as a whole, however, workers in the roofing industry are three times more likely to experience fatal work-related injuries than construction workers in any other industry.

There is an unmet need in the art for a portable, easy-to-use system for fall restraint that does not unduly damage a work surface or limit worker movement.

**BRIEF SUMMARY**

An exemplary embodiment of the present application is a firing block for use in a system for fall restraint. The firing block is made up of an upper block and a lower block. Firing pins and firing springs extend through upper block cylinders in the upper block. The firing pins extend through retaining nuts in upper ends of the upper block cylinders. Firing cartridges and anchors extend through lower block cylinders in the lower block.

Another exemplary embodiment of the present application is a system for fall restraint. The system includes a mounting frame connected to a trigger mechanism and multiple firing blocks, as above, as well as a trigger cable extending through a frame aperture in the mounting frame and a trigger aperture in the trigger mechanism. The trigger

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mechanism is made up of trigger rods connected to a pivoting trigger by connecting rods. Each of the trigger rods slidably extends between the upper block cylinders and the lower block cylinders of one of the firing blocks. Each of the trigger rods has trigger rod openings corresponding to the upper block cylinders such that when the trigger rod openings are aligned with the upper block cylinders, the firing pins can contact the firing cartridges in the lower block cylinders. The pivoting trigger is rotatably connected to the mounting frame by pivot arms. The trigger cable has a cable stop at a distal end with a diameter larger than a diameter of the trigger aperture.

The objects and advantages will appear more fully from the following detailed description made in conjunction with the accompanying drawings.

**BRIEF DESCRIPTION OF THE DRAWINGS**

FIGS. 1a, 1b, and 1c are front perspective, rear partially exploded, and rear perspective views, respectively, of an exemplary embodiment of a fall restraint system.

FIG. 2a is a front perspective view of a mounting frame, trigger mechanism, and firing blocks from an exemplary embodiment of the fall restraint system.

FIGS. 2b, 2c, and 2d are back perspective cross-sectional views of a pivoting trigger and trigger safety from an exemplary embodiment of the fall restraint system.

FIGS. 3a and 3b are front perspective and partial front perspective views, respectively, of a firing block from an exemplary embodiment of the fall restraint system.

FIG. 3c is a cross sectional view of a firing barrel from an exemplary embodiment of the fall restraint system.

FIGS. 3d and 3e are partial cross sectional views of primed and discharged firing blocks, respectively, from an exemplary embodiment of the fall restraint system.

FIG. 4 is a partial front perspective view of an exemplary embodiment of a fall restraint system.

**DETAILED DESCRIPTION**

In the present description, certain terms have been used for brevity, clearness and understanding. No unnecessary limitations are to be applied therefrom beyond the requirement of the prior art because such terms are used for descriptive purposes only and are intended to be broadly construed. The different systems and methods described herein may be used alone or in combination with other systems and methods. Various equivalents, alternatives and modifications are possible within the scope of the appended claims. Each limitation in the appended claims is intended to invoke interpretation under 35 U.S.C. § 112, sixth paragraph, only if the terms “means for” or “step for” are explicitly recited in the respective limitation.

In the exemplary embodiment, fall restraint system 100 is a single, contained unit for use by a single worker. Other embodiments may include multiple linked units for use by multiple workers. An external shell 10 encloses two firing blocks 20 loaded with firing cartridges 40 and anchors 45. In the event of a fall, a trigger mechanism 50 connected to firing blocks 20 and attached to a worker's safety harness triggers, firing cartridges 40 and deploying anchors 45. A safety interlock mechanism 70 connected to firing blocks 20 prevents accidental firing and deployment of anchors 45.

External shell 10 includes a substantially triangular mounting frame 11 connected to a lower shell 14 and supporting firing blocks 20. Mounting frame 11 is a rigid metal frame, such as, but not limited to, steel or aluminum.

An upper shell **13** is connected to lower shell **14**. In the exemplary embodiment, mounting frame **11** is steel, while upper shell **13** and lower shell **14** are a rigid polymer, such as, but not limited to, a fiber-filled nylon polymer. While mounting frame **11** is welded in the exemplary embodiment, other embodiments may be a single piece of metal. In certain embodiments, lower shell **14** has a friction-enhanced lower surface to prevent system **100** from sliding down a roof in wet or otherwise slippery conditions. The lower surface of lower shell **14** may be roughened, have protruding surface features, or be at least partially coated in a polymer, natural rubber, or any other material with a coefficient of friction high enough to prevent sliding on a roof.

After discharge of firing cartridges **40**, a user may open reloading doors **15** in upper shell **13** to access adjacent firing blocks **20**. Removal of door locks **16** from reloading doors **15** allows the user to pivot open reloading doors **15** to break open firing blocks **20** and replace expended firing cartridges **40** and anchors **45**.

In certain embodiments, a horizontal inclinometer **17** and/or a vertical inclinometer **18** are embedded in upper shell **13**. As used herein, an inclinometer is any device used to measure and indicate slope. Safe use of system **100** is dependent on system **100** being used on an appropriate slope. Horizontal inclinometer **17** is used to align system **100** with the ridge of the roof. Vertical inclinometer **18** is used to determine if the roof pitch is safe for the deployment of system **100**. In the exemplary embodiment, vertical inclinometer **18** uses colored indicia to indicate "safe" pitches of up to 6/12 in green, "possible but not recommended" pitches between 6/12 and 8/12 in yellow, and "unsafe" pitches over 8/12 in red.

Only one firing block **20** will be described below, as each firing block **20** is an identical mirror image of the other. Firing block **20** includes an upper block **21** connected by a hinge connection **22** to a lower block **23**. In the exemplary embodiment, upper block **21** and lower block **23** are printed aluminum. In other embodiments, upper block **21** and lower block **23** may be cast or machined aluminum. Removal of a block lock **24** allows firing block **20** to "break," or rotate upper block **21** laterally away from a center axis of system **100** on hinge connection **22**. Upper block **21** includes a plurality of upper block cylinders **25** extending vertically therethrough. In the exemplary embodiment, firing block **20** has three upper block cylinders **25**; other embodiments may include more or fewer upper block cylinders **25**.

A firing pin **26** extends through each upper block cylinder **25**. Firing pins **26** are connected at their upper ends by a priming handle **27** such that raising or lowering priming handle **27** simultaneously raises or lowers, respectively, all firing pins **26**. Priming handle **27** also serves to visually indicate that firing block **20** is ready to fire. Each firing pin **26** extends through a retaining nut **28** located at the upper end of upper block cylinder **25**. As the user raises priming handle **27**, retaining nut **28** compresses a firing spring **29** connected to firing pin **26**. In the exemplary embodiment, firing spring **29** is coiled around the circumference of firing pin **26**. When released, the force exerted by firing spring **29** causes the lower end of firing pin **26** to strike an upper end of firing cartridge **40** with sufficient force to set off firing cartridge **40**.

Lower block **23** is mounted directly to mounting frame **11**. A plurality of lower block cylinders **31** corresponding to upper block cylinders **25** extend vertically through lower block **23**. Lower block cylinders **31** are offset from upper block cylinders **25** (i.e., the central longitudinal axes of lower block cylinders **31** are parallel to the central longitudinal

axes of upper block cylinders **25**) to ensure that all discharge from firing cartridge **40** is exerted on propelling anchor **45** downward, and not on propelling the casing of firing cartridge **40** upward. This configuration also allows the use of firing cartridges **40** with a rimfire configuration, as rimfire cartridges require an offset firing pin **26**. In the exemplary embodiment, each lower block cylinder **31** holds a removable firing barrel **32** for ease of reloading. Each firing barrel **32** contains one firing cartridge **40** loaded above one anchor **45**. To reload firing blocks **20**, the user may remove firing barrels **32**, remove expended firing cartridges **40** and anchors **45**, reload firing barrels **32** with anchors **45** and firing cartridges **40**, and replace the now-loaded firing barrels **32** into their respective lower block cylinders **31**.

In certain embodiments, firing cartridges **40** are gun powder cartridges. In the exemplary embodiment, firing cartridges **40** are 0.25 caliber rimfire cartridges; other embodiments may use firing cartridges **40** with a different caliber or centerfire configuration. In the exemplary embodiment, anchors **45** are nails. In other embodiments, anchors **45** are pins or any other projectile capable of penetrating a roof surface.

Trigger mechanism **50** ensures that firing cartridges **40** discharge only when the user is sliding or falling. Trigger rods **51** extend through trigger rod channels **30** in firing blocks **20**. Each trigger rod **51** has a plurality of trigger rod apertures **52** corresponding to upper block cylinders **25** and lower block cylinders **31**. When trigger mechanism **50** is in a resting configuration, trigger rod apertures **52** are offset from upper block cylinders **25**, preventing firing pins **26** from striking and discharging firing cartridges **40**. When trigger mechanism **50** is in a deployed configuration, trigger rod apertures **52** are aligned with upper block cylinders **25**, allowing firing pins **26** to pass through trigger rod apertures **52** and strike and discharge firing cartridges **40**. In the exemplary embodiment, a spring-loaded safety plunger **33** in each firing block **20** prevents movement of trigger rod **51** when upper block **21** is separated from lower block **23**, as when firing block **20** is broken open for reloading. When upper block **21** rotates from lower block **23**, spring bias pushes safety plunger **33** down to engage corresponding surfaces on trigger rod **51**, preventing movement of trigger rod **51**.

Connecting rods **53** interconnect trigger rods **51** and pivoting trigger **55**. In the exemplary embodiment, connecting rods **53** are connected to trigger rods **51** and pivoting trigger **55** by ball joints **54** at either end of each connecting rod **53**. Ball joints **54** are ball-and-socket joints that permit firing blocks **20** to break open without any parts coming out of alignment. Pivoting trigger **55** rotates about pivot arms **57**, which are mounted to mounting frame **11**. In the exemplary embodiment, pivot arms **57** combine and extend from a single block; in other embodiments, pivot arms **57** are separately connected to mounting frame **11**. In the exemplary embodiment, pivot arms **57** are aluminum. Pivoting trigger **55** is a mechanical advantage trigger, requiring decreased force to move connecting rods **53**. In the exemplary embodiment, the advantage is 3:1, though other advantages may be used for more or less sensitive pivoting trigger **55**.

In certain embodiments, a return spring **58** extending between pivoting trigger **55** and mounting frame **11** biases an upper portion of pivoting trigger **55** to a resting distal position. Certain embodiments also include a rotating trigger safety **59** mounted to the proximal end of upper shell **13**. A first position of rotating trigger safety **59** blocks movement

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of pivoting trigger 55 to prevent accidental triggering, while a second position allows movement of pivoting trigger 55.

A trigger cable 60 extends through a frame aperture 12 and a trigger aperture 56. Trigger cable 60 has no constraints on proximal or distal movement aside from a cable stop 61 at a distal end. As a result, a cable shroud 62 connected to lower shell 14 covers trigger cable 60 to prevent trigger cable 60 or cable stop 61 from tangling with or catching on other parts of system 100. In the exemplary embodiment, cable shroud 62 is a polymer, such as, but not limited to, an acrylonitrile butadiene styrene polymer.

Cable stop 61 has a diameter larger than that of trigger aperture 56. Consequently, when trigger cable 60 passes through frame aperture 12 and trigger aperture 56 beyond a certain point, cable stop 61 catches on pivoting trigger 55 and causes rotating movement of pivoting trigger 55 about pivot arms 57. This movement of pivoting trigger 55 about pivot arms 57 moves connecting rods 53 proximally. Proximal movement of connecting rods 53 in turn aligns trigger rod apertures 52 with upper block cylinders 25, allowing discharge of firing cartridges 40, deployment of anchors 45, and immovable anchoring of system 100.

Safety interlock mechanism 70 ensures that system 100 does not discharge firing cartridges 40 until safety interlock mechanism 70 is disengaged. Safety lock handle 71 is used to actuate safety interlock mechanism 70. Safety lock handle 71 is a twist-to-lock pull handle, i.e. it must be pulled up from upper shell 13 and rotated to actuate safety interlock mechanism 70. This reduces the likelihood of accidental actuation of safety interlock mechanism 70. Safety lock handle 71 connects to safety plates 72 via safety cables 75. Each safety plate 72 is located within a firing block 20 below trigger rod channel 30, and is slidably connected to upper block 21 via safety plate retainers 73. To prevent safety cables 75 from becoming entangled in system 100, safety cables 75 extend through safety cable sheaths 76 connected to upper blocks 21 by safety cable brackets 77.

When system 100 is in a "safe" configuration, firing pin apertures 74 in safety plate 72 are offset from upper block cylinders 25, preventing firing pins 26 from striking and discharging firing cartridges 40. When system 100 is in an "active" configuration, firing pin apertures 74 are aligned with upper block cylinders 25, allowing firing pins 26 to pass through firing pin apertures 74 and strike and discharge firing cartridges 40. The user may pull safety lock handle 71 and rotate it in a first circular direction to slide safety plates 72 proximally for active configuration.

Because safety cables 75 are non-compressible within safety cable sheaths 76, the user can also rotate safety lock handle 71 in a second, opposite circular direction and push it to slide safety plates 72 distally for safe configuration. Once system 100 is primed, the user may "dry fire" system 100 by placing system 100 in safe configuration and actuating pivoting trigger 55. This will release compression on firing springs 29, allowing storage of system 100 without the risk of accidental discharge.

To load system 100, the user must first open reloading doors 15 and break open both firing blocks 20. Trigger mechanism 50 should be in its deployed configuration and safety interlock mechanism 70 in its safe configuration. The user then removes firing barrels 32 from lower block cylinders 31, loads each firing barrel 32 with an anchor 45 and a firing cartridge 40, replaces firing barrels 32 in lower block cylinders 31, closes firing blocks 20, and closes reloading doors 15.

To prime system 100, the user must pull both priming handles 27 up until the trigger rods 51 can be moved

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proximally and offset from upper block cylinders 25 such that trigger mechanism 50 is in a resting configuration. Safety interlock mechanism 70 should still be in its safe configuration. To place system 100 in active configuration, the user must pull safety lock handle 71 up from upper shell 13 and rotate it 90 degrees. Once primed and active, system 100 is ready to deploy anchors 45 in an emergency.

Typically, the user will connect their safety harness to the proximal end of trigger cable 60 by rope, cable, or some other line of a sufficient length to allow free movement without setting off system 100. The line must, however, be sufficiently short to set off system 100 before the user falls far enough for injury, if a fall occurs. If the user does fall from a roof when connected to a primed and active system 100, then the line attached to trigger cable 60 will pull trigger cable 60 out of external shell 10 until cable stop 61 hits pivoting trigger 55. The force exerted by cable stop 61 on pivoting trigger 55 will cause pivoting trigger 55 to rotate about pivot arms 57, moving connecting rods 53 distally. Connecting rods 53 will move trigger rods 51 distally, allowing trigger rod apertures 52 to align with upper block cylinders 25. Firing pins 26 may then descend to strike and discharge firing cartridges 40. The force of expanding gasses from firing cartridges 40 will propel anchors 45 into the roof surface to anchor system 100, arresting the user's fall.

In the foregoing description, certain terms have been used for brevity, clearness, and understanding. No unnecessary limitations are to be inferred therefrom beyond the requirement of the prior art because such terms are used for descriptive purposes and are intended to be broadly construed. The different configurations, systems, and method steps described herein may be used alone or in combination with other configurations, systems and method steps. It is to be expected that various equivalents, alternatives and modifications are possible within the scope of the appended claims.

What is claimed is:

1. A system for fall restraint, comprising:

a trigger cable connectable at a first end to a user; a mounting frame connected to a second end of the trigger cable;

a trigger mechanism operably coupled to a plurality of firing pins, wherein the second end of the trigger cable contacts the trigger mechanism to actuate the trigger mechanism; and

a plurality of anchors extendable from the mounting frame upon actuation of the trigger mechanism.

2. The system of claim 1, wherein the mounting frame is v-shaped, having a vertex extending to divergent ends.

3. The system of claim 2, wherein the plurality of anchors are located at the divergent ends of the mounting frame.

4. The system of claim 2, wherein the plurality of anchors are located at each divergent end of the mounting frame.

5. The system of claim 2, wherein the trigger mechanism is located at the vertex of the mounting frame.

6. The system of claim 1, wherein the trigger cable comprises a cable stop near the second end, the cable stop having a diameter larger than a diameter of a trigger aperture in the trigger mechanism.

7. The system of claim 6, wherein movement of the cable stop actuates the trigger mechanism to fire the plurality of anchors from the mounting frame.

8. The system of claim 1, wherein the plurality of anchors are actuated by powder.

9. The system of claim 8, wherein the powder is gunpowder.

10. The system of claim 8, wherein the powder is contained in a plurality of removable firing barrels.

11. The system of claim 10, wherein each of the plurality of removable firing barrels also contains one of the plurality of anchors.

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12. The system of claim 10, wherein each of the plurality of removable firing barrels is attached to the frame by a threaded connection.

13. The system of claim 10, wherein one of the plurality of firing pins is located at an upper end of each of the plurality of removable firing barrels.

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14. The system of claim 8, wherein the plurality of firing pins actuate the powder.

15. The system of claim 1, further comprising a shell surrounding the mounting frame and the trigger mechanism.

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16. The system of claim 15, further comprising a trigger safety connected to the shell.

17. The system of claim 1, wherein the trigger mechanism is rotatably mounted to the mounting frame.

18. The system of claim 1, wherein the plurality of firing pins are linear firing pins.

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19. The system of claim 1, wherein the plurality of firing pins are rotary firing pins moved by a spring.

20. The system of claim 19, wherein the spring is a torsional spring.

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