N95 RESPIRATOR GUIDANCE

FOLLOW THE GUIDANCE OF THE UNIVERSITY’S RESPIRATORY PROTECTION PROGRAM, INCLUDING MEDICAL CLEARANCE

BE SURE YOU ARE USING A NIOSH-APPROVED RESPIRATOR
You can find a list of approved N95 Respirators on the NIOSH website

GET FIT TESTED ON AN ANNUAL BASIS
Contact RMS for more information about this service

KNOW HOW TO USE THE RESPIRATOR SAFELY AND EFFECTIVELY
Refer to the manufacturer’s instructions that were included with the respirator

KNOW HOW TO DON AND DOFF YOUR SPECIFIC RESPIRATOR
For more information, visit the NIOSH Trusted-Source website

N95 FILTERING FACEPIECE RESPIRATOR REUSE RECOMMENDATIONS
THERE IS NO WAY TO DETERMINE THE MAXIMUM POSSIBLE NUMBER OF SAFE REUSES OF AN N95 RESPIRATOR AS A GENERIC NUMBER TO BE APPLIED IN ALL CASES. THE RECOMMENDATIONS BELOW ARE DESIGNED TO PROVIDE PRACTICAL ADVICE SO THAT N95 RESPIRATORS ARE DISCARDED BEFORE THEY BECOME A SIGNIFICANT RISK FOR CONTACT TRANSMISSION, OR THEIR FUNCTIONALITY IS REDUCED.

- DISCARD N95 RESPIRATORS FOLLOWING USE DURING AEROSOL GENERATING OPERATIONS.
- DISCARD N95 RESPIRATORS CONTAMINATED WITH BLOOD, RESPIRATORY OR NASAL SECRETIONS, OR OTHER BODILY FLUIDS.
- DISCARD N95 RESPIRATORS FOLLOWING CLOSE CONTACT WITH ANYONE CO-INFECTED WITH AN INFECTIOUS DISEASE REQUIRING CONTACT PRECAUTIONS.
- CONSIDER USE OF A CLEANABLE FACE SHIELD OVER AN N95 RESPIRATOR WHEN FEASIBLE TO REDUCE SURFACE CONTAMINATION OF THE RESPIRATOR.
- HANG USED RESPIRATORS IN A DESIGNATED STORAGE AREA OR KEEP THEM IN A CLEAN, BREATHABLE CONTAINER SUCH AS A PAPER BAG BETWEEN USES. TO MINIMIZE POTENTIAL CROSS-CONTAMINATION, STORE RESPIRATORS SO THAT THEY DO NOT TOUCH EACH OTHER AND THE PERSON USING THE RESPIRATOR IS CLEARLY IDENTIFIED. STORAGE CONTAINERS SHOULD BE DISPOSED OF OR CLEANED REGULARLY.
- CLEAN HANDS WITH SOAP AND WATER OR AN ALCOHOL-BASED HAND SANITIZER BEFORE AND AFTER TOUCHING OR ADJUSTING THE RESPIRATOR (IF NECESSARY, FOR COMFORT OR TO MAINTAIN FIT).

N95 RESOURCE LINKS
aub.ie/n95help