Let’s face it...parties are an integral part of the college experience. Being social and having fun can greatly enhance your time at Auburn University, especially if you make smart decisions. Drinking too much can result in several health and personal safety risks. Go ahead and party, but party smart!

www.auburn.edu/healthandwellness
Auburn University is an equal opportunity educational institution/employer
TIPS ON HOW TO PARTY SMART AT AUBURN UNIVERSITY

If you choose to drink...
- Set a limit to the number of drinks
- Know what you are drinking
- Eat before, during, and after you drink
- Don’t leave your drink unattended
- Stick with your friends
- Keep your cell phone with you
- Know emergency numbers
- Have a safe ride home