



Let's face it...parties are a part of the college experience. Being social and having fun can greatly enhance your time at Auburn University, especially if you make smart decisions. Drinking too much can result in several health and personal safety risks. Go ahead and party, but party smart!



DIVISION OF STUDENT AFFAIRS
Health Promotion and Wellness Services

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TIPS ON HOW TO PARTY SMART AT AUBURN UNIVERSITY

 If you choose to drink...

-  Set a limit to the number of drinks
-  Know what you are drinking
-  Eat before, during, and after you drink
-  Don't leave your drink unattended
-  Stick with your friends
-  Keep your cell phone with you
-  Know emergency numbers
-  Have a safe ride home

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