



March 24, 2016 | 6 pm | The Hotel at Auburn and Dixon Conference Center | Ballroom B

Resilient Women Panel featuring –

Dr. Julia Charles – Assistant Professor of English at Auburn
Ashley Edwards – Auburn alumna
Kim Evans – Ovarian cancer survivor
Meg McGuffin – Miss Alabama and Auburn alumna

Please join us for a reception immediately following the panel!

March 25, 2016 | The Hotel at Auburn and Dixon Conference Center

8:00 – 8:30 am - Registration and Check-in

8:30 – 9:30 am – **Welcome and Opening Session**

Taylor Jordan, Undergraduate Co-chair
Maryclare Mastriano, Undergraduate Co-chair

Women Business Owners featuring –

Erica Dias, The B Firm PR
Tanisha Stephens, Intown Imagery
Donna Young, Behind the Glass

9:30 – 10:00 am – Coffee Break and Informational Showcase
Pre-function Foyer

10:00 – 10:45 am – **Workshop Session I** (Choose one from the following sessions.)

Inclusive Leadership with Aly Bolin
(Meeting Room D)

Strand by Strand: Detangling the Myths of Hair Care with Arlene Emobla

Sherrie Gilbert
(Governor's Room)

Mindfulness - A Path to Optimal Health and Well-being with Reita Clanton
(Seminar Room)

11:00 – 11:45 am – Workshop Session II (Choose one from the following sessions.)

Can Men Be Feminists? And if so, how? with Tal Peretz
(Meeting Room D)

WE.Auburn – Be the Dot. Be the Difference with Tess Gibson and
Melissa McConaha
(Governor's Room)

Professional and Life Planning with Eloise Stewart
(Seminar Room)

11:45 am – Plated Meal Service (Ballroom A)

12:20 – 12:30 pm - Welcome & Recognition of WLC Planning Committee
Donna Sollie, Assistant Provost for Women's Initiatives,
Director of the Women's Center

12:30 – 12:50 pm - Women of Distinction Leadership Awards Presentation
Mitchell Brown, Women's Center Advisory Board
Conference and Awards Committee Co-chair

1:00 – 2:00 pm – **Keynote Speaker**

Elizabeth "Liz" Huntley, Auburn alumna, attorney, board of trustees member,
and author

Workshop Session Descriptions

Can Men Be Feminists? And if so, how?

This session will be an informal, guided discussion of men's feminist activism and identities, built from the interests and questions of audience members: What does being a feminist mean? Is it possible for men to be feminists? What are the best ways for men to support gender justice and women's leadership? What problems do men run into, or create, when trying to do this work? What are some of the gender-based challenges men face, and how do they affect this conversation? How do we have conversations about gender justice that include men, while maintaining an atmosphere of accountability, and without decentering women?

Mindfulness – A Path to Optimal Health and Well-being

Practices to help us cultivate greater mind/body awareness and draw on our inner resources to

create a more balanced life.

Professional and Life Planning

Do you have your goals for college, career, and life figured out?

If not, please attend this breakout session with me Your Action Plan

Come and hear how navigating through college and your career is a process. The quality of that process is dependent on you. Come be encouraged and learn practical ways to create an action plan, stay motivated, and remain focused in order to be the successful young professional you aspire to be.

Strand by Strand: Detangling the Myths of Hair Care

Have you ever thought about the resilience of the hair on top of your head? With all of the styling and product usage that our hair endures regularly, we may overlook the overall function of our hair, which is to aid in cleansing our bodies. Here to simplify the purpose and the function of hair is Arlene Embola, pioneer hair-care specialist, salon owner, and author. Once we fully understand the true purpose and resilience of our hair, we can learn how to better handle the hair instead of it handling us. There are so many myths surrounding hair care that can cause us to become entangled. Join us as we unravel those myths and wash them down the drain!

Inclusive Leadership

In 2014, Auburn University's first Sustained Dialogue branch was established. Sustained Dialogue, the college-focused branch of an international peace movement, encourages dialogue about difficult topics. Dialogue, "the process of genuine interaction through which human beings listen to each other deeply enough to be changed by what they learn," allows participants to better understand, and respect, the perspectives of others. This presentation describes the Sustained Dialogue process and demonstrates how individuals can implement this process in their personal and professional interactions.

This presentation also details the benefits of adopting the dialogue process. Implementing components of dialogue benefits the individual, those with which they interact, and the community as a whole. Dialogue can be used to address concerning or unacceptable behaviors of others. The dialogue model also encourages individuals to improve their approach to others. The Sustained Dialogue process encourages people-first language and explains the struggle of impact vs. intent.

This session hopes to encourage its audience to consider the Sustained Dialogue process and its tenants. The interactive session also encourages members to share personal accounts of situations in which they have used, or might have benefitted from the use of, dialogue.

As a result, our campus community might be enriched with stronger interactions between those with different perspectives.

WE.auburn - Be the Dot. Be the Difference

We at Auburn University are working together to stop sexual violence on our campus. The WE.auburn initiative is part of a nationwide program called the Green Dot Bystander Intervention Program. The Green Dot focuses on the actions of the bystander, the third party in any circumstance. By mobilizing the bystander to take action and intervene in a potentially dangerous or harmful situation, it is possible to change and even prevent the outcome of a violent situation. We call these instances “green dots.” WE are changing the culture at Auburn University, one green dot at a time.