The Office of Accessibility (OA) provides academic services and accommodations for students with diagnosed disabilities. The Americans with Disabilities Act (ADA) defines a disability as a physical or mental impairment that substantially limits one or more major life activities. In order to receive academic accommodations, the student must submit comprehensive documentation describing the current functional limitations that impact the student in an academic setting. Documentation serves as the basis for decision-making about a student's needs for accommodations in a challenging and competitive academic environment.

Documentation of a high quality is relevant, useful, and thorough. The outline below has been developed to assist the student in working with the treating or diagnosing healthcare professional(s) in obtaining the specific information necessary to evaluate eligibility for academic accommodations.

**GENERAL GUIDELINES FOR PROVIDING DOCUMENTATION**

- Documentation is provided by a licensed or otherwise properly credentialed professional who has appropriate and comprehensive training, relevant experience, and no personal relationship with the individual being evaluated. A good match between the credentials of the individual making the diagnosis and the condition being reported is expected (e.g., an orthopedic limitation might be documented by a physician, but not a licensed psychologist).

- Documentation includes a clear diagnostic statement that describes how the condition was diagnosed, provides information on the functional impact, and details the typical progression or prognosis of the condition. The documentation should include the diagnostic criteria, evaluation methods, procedures, tests dates of administration, as well as a clinical narrative, observation, and specific results. Diagnostic tests should be based on adult norms.

- Documentation should be relatively recent in order to provide an accurate description of current functioning. Because some conditions are permanent or non-varying, guidelines will differ from case to case. Contact the Office of Accessibility at 334-844-2096 to speak with a Disability Specialist to determine how current the documentation should be for your particular situation.

- Documentation should address the major life activities (i.e., caring for oneself, performing manual tasks, seeing, hearing, learning, walking, reading, concentrating, thinking etc.) affected by the disability and how those functional limitations impact the student in an academic setting. Documentation that does not address an individual's current level of functioning or need for accommodation(s) may warrant the need for a new evaluation.

**In lieu of the attached form, other types of documentation may be sent that thoroughly address the questions below. Failure to address the following questions could delay the accommodation process.**
Specific Guidelines for ADHD

Student Name (First, Middle, Last): __________________________________________

Date of Birth: ________________ AU Email: ____________@auburn.edu

Address: ________________________________________________________________

City: _______________________ State: _______ Zip: __________

Phone: (       ) ______________

_________________________________________________

To Be Completed by the Health Care Professional

1. DSM-IV Diagnosis
   - [ ] 314.00 AD/HD Predominantly Inattentive Type
   - [ ] 314.01 AD/HD Predominantly Hyperactive-Impulsive Type
   - [ ] 314.01 AD/HD Combined Type
   - [ ] 314.9 AD/HD Not Otherwise Specified

2. Date of diagnosis: _______________

3. Age of student when diagnosed: _______

4. Last contact with the student: _______________

5. In addition to the DSM-IV, how did you arrive at your diagnosis?
   - [ ] Behavioral Observations
   - [ ] Developmental History
   - [ ] Rating Scales (Attach Scales)
   - [ ] Medical History
   - [ ] Clinical Interview with the Student
   - [ ] Interviews with Others
     - [ ] Student
     - [ ] Parents
     - [ ] Teachers
     - [ ] Other _________________________________
   - [ ] Psycho-Educational Testing (Attach Testing)
   - [ ] Other _________________________________

6. Severity of the disability:    [ ] Negligible    [ ] Moderate    [ ] Severe
7. ADHD History: Evidence of inattention and/or hyperactivity during childhood and presence of symptoms prior to age seven. Provide information supporting the diagnosis obtained from the student, parent, and/or teachers. Indicate the ADHD symptoms that were present during early school years (e.g. daydreamer, spoke out of turn, unable to sit still, difficulty following directions, etc.).

8. Psychosocial History: Provide relevant information obtained from the student/parent(s)/guardian(s) regarding the student’s psychosocial history (e.g. often engaged in verbal or physical confrontation, history of not sustaining relationships, history of employment difficulties, history of educational difficulties, history of risk-taking or dangerous activities, history of impulsive behaviors, social inappropriateness, history of psychological treatment, etc.).

9. Pharmacological History: Provide relevant pharmacological history including an explanation of the extent to which the medication has mitigated the symptoms of the disorder in the past.

10. List current medications(s), impact, and adverse side effects.
11. Educational History: Provide a history of the use of any educational accommodations and services related to this disability.

12. Student’s Current Specific Symptoms
Please check all ADHD symptoms listed in the DSM-IV that the student currently exhibits:

<table>
<thead>
<tr>
<th>Inattention</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Often fails to give close attention to details or makes careless mistakes in schoolwork or other activities.</td>
</tr>
<tr>
<td>□ Often has difficulty sustaining attention in task or play activities.</td>
</tr>
<tr>
<td>□ Often does not seem to listen when spoken to directly.</td>
</tr>
<tr>
<td>□ Often does not follow through on instructions and details to finish schoolwork, chores, or duties in the workplace (not due to oppositional behavior or failure to understand instructions).</td>
</tr>
<tr>
<td>□ Often has difficulty organizing tasks and activities.</td>
</tr>
<tr>
<td>□ Often avoids, dislikes, or is reluctant to engage in tasks (such as schoolwork or homework) that require sustained mental effort.</td>
</tr>
<tr>
<td>□ Often loses things necessary for tasks or activities (e.g. school assignments, pencils, books, tools, etc.).</td>
</tr>
<tr>
<td>□ Is often easily distracted by extraneous stimuli.</td>
</tr>
<tr>
<td>□ Often forgetful in daily activities.</td>
</tr>
</tbody>
</table>
### Hyperactivity

- Often fidgets with hands or squirms in seat.
- Often leaves (or greatly feels the need to leave) seat in classroom or in other situations in which remaining seated is expected.
- Often runs about or climbs excessively in situations in which it is inappropriate (in adolescents or adults, may be limited to subjective feelings or restlessness).
- Often has difficulty playing or engaging in leisure activities that are more sedate.
- Is often “on the go” or often acts as if “driven by a motor”.
- Often talks excessively.

### Impulsivity

- Often blurts out answers before questions have been completed.
- Often has difficulty awaiting turn.
- Often interrupts or intrudes on others (e.g. butts into conversations or games).

13. Major Life Activities Assessment: Please review major life activities listed below and indicate the severity the impairment(s) places on each activity.

<table>
<thead>
<tr>
<th>Life Activity</th>
<th>Negligible</th>
<th>Moderate</th>
<th>Substantial</th>
<th>Unknown</th>
</tr>
</thead>
<tbody>
<tr>
<td>Writing *</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Learning *</td>
<td></td>
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</tr>
<tr>
<td>Reading *</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thinking *</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Memorizing *</td>
<td></td>
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<tr>
<td>Reaching</td>
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<tr>
<td>Lifting</td>
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<tr>
<td>Sitting</td>
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<tr>
<td>Standing</td>
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<tr>
<td>Breathing</td>
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<tr>
<td>Sleeping</td>
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<tr>
<td>Performing Manual Tasks</td>
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<td></td>
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<tr>
<td>Walking</td>
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<tr>
<td>Seeing</td>
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</tr>
<tr>
<td>Hearing</td>
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<tr>
<td>Talking</td>
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<tr>
<td>Care for Oneself</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Concentrating</td>
<td></td>
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</tbody>
</table>

Continue...
<table>
<thead>
<tr>
<th>Interacting with Others</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Other:</td>
<td></td>
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</tr>
</tbody>
</table>

*A Full Psycho-Educational Battery will be needed (see Learning Disability Guidelines)*

14. Describe the student’s functional limitations based on the ADHD diagnosis, specifically in a classroom or educational setting.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

15. If accommodations are recommended, provide a rationale as to why these accommodations are warranted based upon the student’s functional limitations. For example, if a note taker is suggested, state the reasons for this request related to the student’s functional limitation(s).

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Healthcare Provider Information
Name: __________________________  Specialty: _____________________

Title: __________________________________________________________

Address:  ___________________________________________________________________

City: ______________  State: ______  Zip: ______________

Phone: (   ) ______________ Fax: (   ) ______________________

E-Mail: _______________  License or Certification #:________

With my signature, I certify that the above information is true and documented as part of the patient’s medical record.

Provider Signature: _______________________  Date:_________________

This form or other submitted documentation may be released to the student at his or her request.

__________________________________________________________________________

Please mail or fax this form or other documentation to:

Office of Accessibility
1228 Haley Center
Auburn University, AL 36849-5250
Phone: (334) 844-2096
Fax: (334) 844-2099